

**Dr. Betsy Thomas** MBBS,MD, DNB, MRCOG , MICOG

Associate Professor, Department of Obstetrics & Gynaecology, Amala Institute of Medical Sciences (AIMS), Amala Nagar, Thrissur-680 555

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### PROFESSIONAL SNAPSHOT

- Associate Professor Amala institute of medical sciences , Thrissur from February 2008 – to date
- Assistant Professor Amala institute of medical sciences , Thrissur from February 2004 – 2008
- Lecturer St. John’s Medical college Bangalore June 2002 – June 2003

### ACADEMIC CREDENTIALS

**2002 MD (Obstetrics & Gynaecology)** Jawaharlal Institute of Post-graduate Medical Education and Research (JIPMER), Pondicherry.

**1997 MBBS** from Kottayam Medical College, Kerala.

**1992 Pre-Degree** from B K College Amalagiri, Kottayam, Kerala. 1<sup>st</sup> rank in MG University

**1990 SSLC** from St. Joseph’s GHS ,Kottayam. 14th rank in the state

### OTHER CREDENTIALS

**2008 MICOG** from Indian College of Obstetrics & Gynaecologists, New Delhi.

**2006 MRCOG** from Royal College of Obstetrics & Gynaecologists, London.

**2003 DNB (Obstetrics & Gynaecology)** from National Board of Examination

### ACTIVITIES

- Deputy Medical Superintendent ,Amala Institute of Medical Sciences
- Secretary , Hospital Infection Control Committee
- Warden, House Officer’s Quarters
- Examination Controller , Dept. of Obstetrics & Gynaecology
- Conducting Ethics Classes and Orientation Classes for Medical and Nursing Students
- Quiz Master for Various Quizzes , Judge for Various Competitions

## ACHIEVEMENTS

- Dr.Oumachigui gold medal for the best PG Student, University gold medal for the best outgoing PG Student
- Best Outgoing MBBS Student Award and gold medalist in 10 subjects at Kottayam Medical College
- Winner of the state Obstetrics & Gynaecology gold medal in 1998
- 10<sup>th</sup> rank in the State Medical Entrance Exam
- 1<sup>st</sup> rank in MG University for Pre-Degree Examination
- 14<sup>th</sup> rank in the state SSLC Examination
- Won Several Prizes in Quiz, Elocution , Drama Competition etc.

## STRENGTHS

- A Very Quick Learner
- Organized and Planned Work Style
- Good Interpersonal Communication and Listening Skills.
- Good Teaching and Surgical Skills
- Good Relation with Colleagues and Patients.

## AWARDS

- Pani Memorial Oration at JIPMER Pondicherry – 2004 : Vaginal Misoprost in Pregnancy Failure
- FOGSI-IAEC-VHB Award for 2005-06 [ Rs.40,000/-]
- Second Prize for Best Paper Award at YUVA – FOGSI South Zone Conference Thrissur 2008
- FIGO International Fellowship 2009 – Underwent A Three Week Training Programme In South Africa
- Dr. Chitrathara Award for the Best Paper in Oncology at All Kerala O&G Conference , Thrissur February 2010
- Eminent Gynaecologist Award by All Kerala Prolife Movement in September 2010
- FOGSI Junior Corion Award 2010
- FOGSI GSK Oncology Fellowship 2011
- Best Poster Award at TOGSICON International Conference– 2011 , Thrissur

## PUBLICATION

- Books :
  - Contributed a Chapter To The Book 'Post Operative Complications' Edited By Dr.Sobhana Mohandas
  - Contributed a Chapter On PIH In The CHC Up gradation Project Book
- Journals : Indian Journal of Obstetrics & Gynaecology
  - Vaginal Misoprostol in missed abortion
  - Eclampsia in a woman on regular haemodialysis for end stage renal disease
- Journals : International Journal of Obstetrics & Gynaecology - India
  - Maternal mortality a 10 year review
  - A rare congenital anomaly
- Journals : South Asian Federation of Obstetrics & Gynaecology
  - A rare presentation of a rare disease

## PAPER PRESENTATION

- AICOG [All India Conference of Obstetrics&Gynaecology] 2003 Bangalore – Maternal Mortality in a tertiary care centre -10 year review
- CG Saraiya CME ,ICOG 2004 Thrissur – Preterm Labour
- AICOG 2008 NewDelhi – Cervical smear - a comparison between finger and spatula smears
- World Obstetrics & Gynaecology conference , Cape Town 2009 – A confidential review of maternal deaths in Kerala
- AKCOG 2011 Kasargod - Doppler in Obstetrics
- EMOCAL – Participated as a trainee in May 2011 and as trainer in September and November 2011 at TOGS Academia

## PERSONAL PROFILE

Name : Dr. Betsy Thomas  
Date of Birth : 18/10/1974  
Marital Status : Married to Dr. Johnny Thomas  
Nationality : Indian  
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